

# Crystal Cruises Enrichment Programs

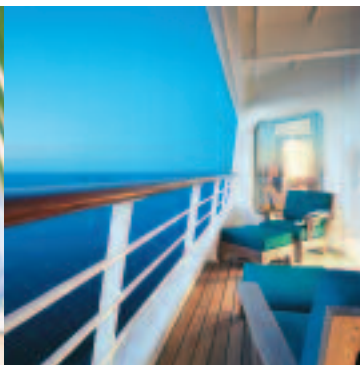


# Crystal Cruises. Bringing you a chance to truly expand your horizons.

When you set sail on a cruise, you look forward to seeing new ports and meeting new people. With Crystal Cruises, you will also become better acquainted with someone you already know: you. Our enrichment programs combine expertise with fun, creativity with technology, physical vitality with spiritual growth, all with a focus on quality and choice. We invite you to take advantage of all Crystal Cruises has to offer. Because sometimes the regions to be discovered are not just out there, but within you.



Service



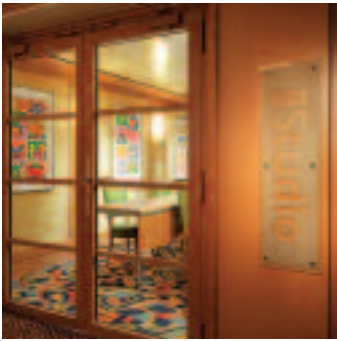
Space



Quality

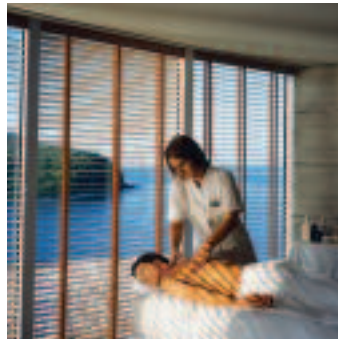


Choices



### The Studio

The Studio is the center of the Crystal Cruises Creative Learning Institute. The space features state-of-the-art facilities that make your learning experiences more comfortable, enjoyable and productive.



### Crystal Spa & Salon

Reinvigorate mind and body in our spa and salon. The Crystal Spa calms you with the natural colors, textiles and surfaces of a peaceful Feng Shui environment. Our dry flotation bed, Cleopatra soaking bath and personal care help you relax fully.



### Computer University@Sea®

Our innovative Computer University@Sea combines the latest technology with private classes and 24-hour Internet and e-mail access. This interactive learning center offers the instruction you need to familiarize yourself with computers and the tools for mastering them.

## EXCLUSIVE TO THE CRYSTAL EXPERIENCE

- The only cruise line to be voted World's Best for ten consecutive years
- Full 360° teak Promenade Deck with exclusive "Walk on Water," WOW,® fitness program
- The only Feng Shui-inspired spa at sea
- More than 200 featured wines including Crystal's exclusive "C" vintages
- Up to seven evening dining options including a choice of classic main or late seating in the Crystal Dining Room
- Open seating specialty restaurants featuring the world-renowned cuisine of Nobu Matsuhisa, Wolfgang Puck or Piero Selvaggio

- Computer University@Sea facility with 24-hour e-mail and Internet access plus complimentary instruction in the latest software
- Complimentary keyboard lessons with Yamaha and language courses with Berlitz in the Creative Learning Institute
- Golf clinics featuring equipment from TaylorMade, the best performance golf company in the world
- Pre-reservations available for all optional Crystal Adventures shore excursions
- Crystal Society Benefits Program for returning guests
- Hollywood Theatre showing recent-release feature movies and classic film favorites

## ALWAYS INCLUDED IN THE CRYSTAL EXPERIENCE

- Elegantly appointed staterooms, most with private verandahs
- Penthouse butler service with personal bar
- Frette bathrobes, 100% Egyptian cotton linens and menu of pillow options in every stateroom
- Complimentary bottled water, soft drinks and specialty coffee drinks throughout the ship
- Complimentary town center transportation
- The Crystal Difference—award-winning service, abundant space, exceptional quality and numerous choices

# Theme Cruises. Venturing further into your areas of interest.

For some, a hobby is more than a passing phase, an interest is more like a lifelong passion, and a cruise is better defined as a journey of discovery.

For these special adventurers, we created our exciting Theme Cruises, a selection of sailings that bring you not only informative instruction and fascinating lectures on board, but also corresponding Crystal Adventures ashore.

Depending on your itinerary—and your own unique interests—you might explore the world of film and theatre,

find the balance to be achieved with yoga and Tai Chi, appreciate the culture and art of the ports you visit, dance to big band tunes, sway to jazz riffs, improve your golf game, attend lectures on current events and past history, or indulge your cravings to learn more about wine and food.

Whatever topic gives you a sense of wonder, your voyage with Crystal Cruises will give you the sense that you are experiencing a very special cruise indeed.

## Select Theme Cruise Options

**BB Big Band** Live big band music with guest entertainers, concerts and lecturers.

**DS Crystal Cruises Distinguished Speaker Series** Educational and informative lectures from some of the world's most famous and noted personalities.

**FF Film & Theatre Festival** Lecturers and film authorities salute films and theatre.

**G Golf** PGA instructors work with you to perfect your swing and discuss experiences on the PGA Tour. Optional shore excursions take you to play at some of the world's most famous courses.

**JZ Jazz** Ensembles perform soulful sounds and industry experts explore this musical art form.

**MBS Mind, Body & Spirit** Guest lecturers and instructors focus on yoga, Pilates, Tai Chi and general fitness aboard and ashore.



**President's Cruise** Crystal Cruises' President Gregg Michel and his wife Adriana host an exclusive sailing. Special onboard events plus an optional President's Shore Excursion.

**SA The Smithsonian Associates** Destination-specific lectures from the cultural and educational arm of the Smithsonian Institution.

**SI Sotheby's Institute** Experts from the world-renowned Sotheby's Institute illuminate the culture and art of ports on your itinerary.

**WF Crystal Wine & Food Festival** World-renowned chefs and wine experts share their talents at lectures, special meals and tastings on board and ashore.

For more information about specific Theme Cruise subjects and participants, see the "Entertainment & Programs" section of itineraries at [www.crystalcruises.com](http://www.crystalcruises.com)



# Crystal Wine & Food Festival. A celebration of fine cuisine and good friends.

Like a convivial gathering around a comfortable dinner table, our Crystal Wine & Food Festival sailings promise companionship, laughter and a shared joy of all things culinary.

On board, celebrity guest chefs present cooking techniques and favorite recipes during innovative demonstrations. As an added treat, the sailing's guest chef will supervise the preparation of a multi-course dinner, which will be yours to enjoy in our elegant Crystal Dining Room.

Also joining you on board will be wine experts and master sommeliers who will raise a glass to helpful education in the ways of wine. Learn tips for wine and food pairing during complimentary tastings, featuring selections chosen from one of the most extensive wine cellars at sea. Among the over 200 stellar vintages is our own "C" label, created exclusively for Crystal Cruises.

Drink in the knowledge. Savor the atmosphere. Join us on a special Crystal Wine & Food Festival sailing.





# Creative Learning Institute. Engaging. Enriching. Enhancing.

Did you ever dream of playing the piano?  
Could your palate improve with coaching  
from world-renowned wine educators? Is  
there a great designer hiding inside you?

The Crystal Cruises Creative Learning Institute brings out the best in you — by bringing you the best instruction available at sea. The Institute expands upon our commitment to enrich mind, body and spirit by extending new opportunities for personal growth. This integrated certificate program is based on five pillars of learning: Arts & Entertainment, Business & Technology, Lifestyle, Wellness and Wine & Food.



The Institute offers expert instruction and lectures from our partners who include:

- **Yamaha**
- **Berlitz**
- **Tai Chi Cultural Center**
- **The Cleveland Clinic**
- **Pepperdine University**
- **The Society of Wine Educators**
- **Sotheby's Institute**
- **The Smithsonian Associates**

Each class, lecture and workshop is designed to expand your knowledge in an entertaining, hands-on style.





## Expert partners, courtesy of the World's Best



### Yamaha

It all started in 1887, when Torakusu Yamaha began producing reed organs, thus founding what is now the world's largest manufacturer of a full line of musical instruments. Yamaha's ongoing commitment to quality and service puts it in perfect harmony with Crystal Cruises.



### Berlitz

German immigrant Maximilian D. Berlitz founded his namesake company in 1878 in Providence, Rhode Island. The rest, as they say, is *historia*, as Berlitz is now the foremost provider of language training, with more than 475 locations in over 65 countries—and on two Crystal Cruises ships—worldwide.



### Tai Chi Cultural Center

Dr. Martin Lee, a Stanford University physicist, and his wife, Emily, established the Tai Chi Cultural Center in 1974, synthesizing ancient philosophy with modern science to create their unique “do nothing extra” method, a minimalist approach that yields maximum results.



### The Cleveland Clinic

In 1921, four physicians founded The Cleveland Clinic on three principles: cooperation, compassion and innovation. Today, *U.S. News & World Report* consistently names The Cleveland Clinic one of the nation's best hospitals in its annual “America's Best Hospitals” survey.



### The Society of Wine Educators

Since 1977, the Society of Wine Educators has facilitated learning and set standards for a vast network of enthusiasts who write, read or talk about wine, along with those who produce, sell or drink wine—in other words, just about anyone who has ever sipped a Cabernet.

# Creative Learning Institute Classes



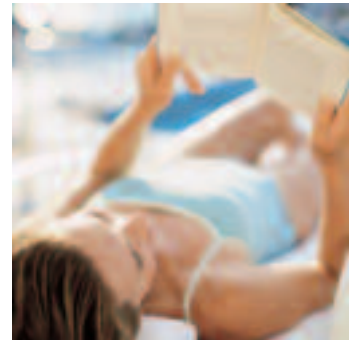
## Arts & Entertainment

- Acting Workshops
- Art History and Appreciation
- Contemporary Art Survey
- Figure Drawing
- Foreign Languages
- Japanese Painting
- Jewelry Design
- Music Lessons
- Writing Workshops



## Business & Technology

- Computers 101
- Digital Photo Finishing
- Web Page Design
- Estate Planning
- Grant Writing
- Import/Export Business
- Real Estate Appraisal
- Successful Retirement
- Understanding the Market



## Lifestyle

- Book Club
- Bridge
- Casino Gaming
- Feng Shui
- Fundamentals of Interior Design
- Residential Architecture
- Successful Relationships
- Working with a Contractor



## Wellness

- Alternative Medicine
- Dance, Traditional and Ethnic
- Fitness Classes
- Golf Instruction
- Heart Health
- Memory Fitness
- Skin Care
- Tai Chi
- Yoga and Pilates



## Wine & Food

- After-Dinner Drinks
- Beginning Sushi
- Beer Essentials
- Chocolate Desserts
- Cocktails and Basic Bartending
- Pastry Making
- The Secret to Soufflés
- The Tea Ceremony
- Wine Appreciation

This is just a sampling of the many classes and workshops available through the Crystal Cruises Creative Learning Institute.



# Computer University@Sea. A world of fun at your fingertips.

Whether you are a novice or an expert, Crystal Cruises' Computer University@Sea will add skills to your digital repertoire.

An expanded program of complimentary lectures and courses range from basic word processing and spread sheets to photo retouching and website design. Our recently introduced class in digital video editing invites you to try your hand at creating mini-documentaries of your travels.

In addition to approximately 20 courses presented in the state-of-the-art Computer University@Sea labs, we offer auditorium-style lectures on a variety of technology topics, including computer security, online privacy and shopping online. Choose from an average of ten classes per cruise, with a progressive series available on longer voyages.

Hands down, these are some of the most enjoyable hands-on courses you will find anywhere.

All programs, policies, guest lecturers and partners are subject to change.

